



**Dr. Nahla Abdallah Abd El-Tawab Hussein**

Nahla\_abdallah@nursing.helwan.edu.eg Cairo, Egypt | +21016772996 |

**Lecturer of Psychiatric Mental Health Nursing**

**Faculty of Nursing – Capital University**

Dr. Nahla Abdallah Abd El-Tawab Hussein is a Lecturer of Psychiatric Mental Health Nursing at the Faculty of Nursing, Capital University, Egypt. She obtained her Ph.D. in Psychiatric and Mental Health Nursing in 2021.

She has extensive experience in teaching undergraduate and postgraduate nursing students, including courses in psychiatric nursing, communication in nursing, evidence-based practice, and professional ethics. She has supervised and co-supervised several master's and doctoral theses in mental health and nursing sciences.

Dr. Nahla is a member of the International Ranking Unit at Capital University and serves as the Ranking Focal Point for the Faculty of Nursing. She is also actively involved in quality assurance, academic development, and curriculum evaluation.

Her research interests include psychiatric and mental health nursing, psychological resilience, stress and burnout, mindfulness, workplace mental health, and nursing education. She has published several papers in reputable national and international journals such as BMC Nursing, Middle East Current Psychiatry, and Helwan International Journal for Nursing Research and Practice.

She actively participates in scientific conferences, workshops, and community service activities related to mental health promotion and professional development. She is reviewer in Wiley.